

July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>The General Store Hours: Mon., Wed., Fri., 11:00 AM-1:00 PM</p> <p>This calendar subject to change</p> <p>Trips and Outings</p> <p>Entertainment & Activities</p>			<p>HAIR SALON HOURS WED-THURS-FRI 8-4</p> <p>COUNTRY STORE HOURS MON-WED-FRI 11-1</p>		<p>1 8:00 & 12:00 OPEN FITNESS 9:30 BALANCE & WALKING 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:00 MEN'S BREAKFAST W/SPEAKER 9:30 COFFEE CORNER 1:00 LET'S PLAY POOL 1:00 TIE DYED BUCKET HATS 3:30 HAPPY HOUR W/BOB SYLVIA</p>	<p>2 9:30 COFFEE CORNER 10:30 MAHJONG 12:30 MOVIE CLUB MATINEE 1:00 LET'S PLAY UNO 2:00 BRIDGE 3:00 CARD GAMES</p>
<p>3 DONUT SUNDAY 9:30 COFFEE CORNER 10:30 WORSHIP TRANSPORTATION 11:00 UNO 1:00 MAHJONG 2:00 MEN'S GOLF ON THE PUTTING GREEN</p>	<p>4 HAPPY 4th OF JULY 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 12:30 MOVIE CLUB MATINEE 1:00 WHIST 1:00 CRIBBAGE 3:00 WII BOWLING 7:00 NIGHT BINGO</p>	<p>5 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 TELEVISED MASS 10:00 ART W/JEANNE 1:00 BRIDGE 2:00 BOOK CLUB 3:15 STARS & STRIPES</p>	<p>6 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 11:00 UNO 1:00 BINGO 2:30 COFFEE-TEA AND SOMETHING DELICIOUS IN THE PALM CAFE</p>	<p>7 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 COFFEE CORNER LUNCH TRIP TO HADDAD'S 1:00 MOVIE CLUB MATINEE</p>	<p>8 8:00 & 12:00 OPEN FITNESS 9:30 BALANCE & WALKING 10:30 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 1:00 LET'S PLAY POOL HAPPY HOUR W/RICK WALSH</p>	<p>9 9:30 COFFEE CORNER 10:30 MAHJONG 12:30 MOVIE CLUB MATINEE 1:00 LET'S PLAY UNO 2:00 BRIDGE 3:00 GINA O'DONOHUE 6:30 OUTDOOR CONCERT WITH THE SHARON CONCERT BAND</p>
<p>10 9:30 COFFEE CORNER 10:30 WORSHIP TRANSPORTATION 11:00 UNO 1:00 MAHJONG 2:00 MEN'S GOLF ON THE PUTTING GREEN</p>	<p>11 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 12:30 MOVIE CLUB MATINEE 1:00 WHIST 1:00 CRIBBAGE 3:00 SOUND DUNES COMBO 7:00 NIGHT BINGO</p>	<p>12 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 TELEVISED MASS 10:00 ART W/JEANNE 1:00 BRIDGE 2:00 BOOK CLUB</p>	<p>13 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 11:00 UNO 1:00 BINGO 2:30 WINE GLASS PAINTING</p>	<p>14 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 COFFEE CORNER TRIP TO HYDRANGEA FESTIVAL 1:00 MOVIE CLUB MATINEE</p>	<p>15 8:00 & 12:00 OPEN FITNESS 9:30 BALANCE & WALKING 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 1:00 LET'S PLAY POOL HOLLYWOOD THEMED HAPPY HOUR W/PAUL CORONELLA</p>	<p>16 9:30 COFFEE CORNER 10:30 MAHJONG 12:30 MOVIE CLUB MATINEE 1:00 LET'S PLAY UNO 2:00 BRIDGE 3:00 CARD GAMES</p>
<p>17 9:30 COFFEE CORNER 10:30 WORSHIP TRANSPORTATION 11:00 UNO 1:00 MAHJONG 6:30-8:00 OUTDOOR CONCERT W/THE SOUTH SHORE BAYBAND</p>	<p>18 CHAIR MASSAGE 10-1 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 12:30 MOVIE CLUB MATINEE 1:00 WHIST 1:00 CRIBBAGE 3:00 MARK GREEL TRIO 7:00 NIGHT BINGO</p>	<p>19 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 TELEVISED MASS 10:00 ART W/JEANNE 1:00 BRIDGE 2:00 BOOK CLUB 3:00 GINAMARK</p>	<p>20 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 11:00 UNO 1:00 BINGO 2:30 COFFE-TEA AND SOMETHING DELICIOUS IN THE PALM CAFE</p>	<p>21 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 COFFEE CORNER LOBSTER ROLL CRUISE 1:00 MOVIE CLUB MATINEE</p>	<p>22 8:00 & 12:00 OPEN FITNESS 9:30 BALANCE & WALKING 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 1:00 LET'S PLAY POOL HAPPY HOUR W/PAUL CORONELLA</p>	<p>23 9:30 COFFEE CORNER 10:30 MAHJONG 12:30 MOVIE CLUB MATINEE 1:00 LET'S PLAY UNO 2:00 BRIDGE 3:00 THE SWEET TRIO BAND</p>
<p>24 SAME AS ABOVE W/THE BROWN BROTHERS AT 3:00 PM</p>	<p>25 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 12:30 MOVIE CLUB MATINEE 1:00 WHIST 1:00 CRIBBAGE 3:00 WII BOWLING 7:00 NIGHT BINGO</p>	<p>26 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 TELEVISED MASS 10:00 ART W/JEANNE 1:00 BRIDGE 2:00 BOOK CLUB</p>	<p>27 8:00 & 12:00 OPEN FITNESS 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 11:00 UNO 1:00 BINGO COFFE-TEA AND SOMETHING DELICIOUS IN THE PALM CAFE</p>	<p>28 8:00 & 12:00 OPEN FITNESS 9:30 MID MORNING YOGA 10:30 LONG & STRONG 11:00 MORNING MOVE 9:30 COFFEE CORNER LUNCH TRIP EAST BAY GRILLE 1:00 MOVIE CLUB MATINEE</p>	<p>29 8:00 & 12:00 OPEN FITNESS 9:30 BALANCE & WALKING 10:00 LONG & STRONG 10:30 POSTURE PERFECT 11:00 MORNING MOVE 9:30 COFFEE CORNER 1:00 LET'S PLAY POOL HAPPY HOUR W/MATT BROWNE</p>	<p>30 9:30 COFFEE CORNER 10:30 MAHJONG 12:30 MOVIE CLUB MATINEE 1:00 LET'S PLAY UNO 2:00 BRIDGE 3:00 CARD GAMES</p>
<p>31 SAME AS ABOVE W/GARY HYLANDER 3PM</p>						